Symptom Checklist: Lyme disease evaluation

Please circle any symptoms that you have experienced with your illness.

General
- Fever
- Night sweats
- Fatigue, lack of endurance
- Unexplained weight gain/loss
- Generalized, unprovoked pain
- Migratory pain

Head, Face, Neck
- Headache, mild or severe
- Facial flushing
- Pressure in head
- Jaw pain or stiffness
- Unexplained hair loss
- Dental problems/pain (unexplained)
- Twitching of facial muscles
- Stiff or painful neck
- Facial paralysis (Bell's Palsy)
- Sore throat, hoarseness
- Tingling of nose, tongue, cheek

Eyes/Vision and Ears/Hearing
- Double or blurry vision
- Difficulty with night vision
- Increased floating spots
- Pain in eyes, or swelling around eyes
- Oversensitivity to light
- Flashing lights/Peripheral waves/phantom images
- Change in color vision
- Decreased hearing in one or both ears
- Buzzing or ringing in one or both ears
- Pain in ears, oversensitivity to sounds
- Auditory hallucinations

Gastrointestinal and Genito-urinary Systems
- Upset stomach (nausea/pain)/ heartburn
- Recurrent vomiting
- Diarrhea/ constipation
- Irritable bladder or interstitial cystitis
- Testicular or pelvic pain
- Decreased libido
- Unexplained menstrual irregularity
- Symptoms worse with menses? Yes No
- Unexplained milk production

Musculoskeletal System
- Bone pain, joint pain or swelling
- Carpal tunnel syndrome
- Stiffness of joints, back, neck
- Frequent tendonitis, tennis elbow
- Muscle pain or cramps, muscle spasms
- Sore soles, especially in am

Respiratory and Circulatory Systems
- Shortness of breath, cough
- Endocarditis, myocarditis, heart failure
- Chest pain or rib soreness
- Peripheral vascular abnormalities
- Rhythm disturbances- extra beats, heart block, palpitations

Psychological
- Mood swings, irritability
- Feeling as if you are losing your mind
- Over-emotional reactions, crying easily
- Depression
- Bi-polar disorder
- Panic attacks, anxiety
- Obsessive-compulsive disorder
- Psychosis

Mental Capability
- Memory loss (short or long term)
- Going to the wrong place
- Disorientation (getting or feeling lost)
- Confusion, difficulty in thinking
- Forgetting how to perform simple tasks
- Difficulty with concentration or reading
- Dementia

Nervous System
- Burning, stabbing, aching or shock sensations
- Lightheadedness, fainting
- Numbness, tingling, pinpricks
- Increased motion sickness
- Peripheral neuropathies
- Abnormalities of vision, hearing, smell, taste or touch
- Muscle weakness,
- Muscle atrophy or partial paralysis
- Muscle twitching
- Speech difficulty (slurred or slow)
- Stammering speech
- Word searching, misspeaking
- Poor balance
- Dizziness
- Difficulty walking, gait problems
- Tremors
- Seizures
- Sleep problems: excessive sleep, insomnia, sleep apnea, narcolepsy, unusual sleep behaviors

Decreased alcohol tolerance? Yes No
Symptom References

The symptoms of Lyme disease are widespread; relapsing/remitting patterns are common. Symptoms may overlap with those seen in other conditions such as fibromyalgia, chronic fatigue syndrome, MS, early ALS, RA, lupus and psychiatric disorders. However, patients with Lyme disease often have symptom patterns which are atypical for those other illnesses. Be aware that symptoms which appear unrelated may be linked by an underlying autonomic neuropathy or encephalopathy. Individual symptoms listed on the symptom checklist have been validated by one or more of the references listed below.

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